

Name: _____

AP PSYCHOLOGY SUMMER ASSIGNMENT

MRS. BATES - 2020

Welcome to AP Psychology! You are about to embark on an exciting journey that explores the human self. My goal, as your teacher, is to introduce you to the exciting field of Psychology and to prepare you for the College Board AP Exam in May. In order to gain a solid foundation for psychology and for class starting in September, you will complete a mandatory summer assignment. This assignment is due **the first day of school - September 8, 2020 - NO LATE ASSIGNMENTS WILL BE ACCEPTED.** You will electronically submit your response on OnCourse once we all have access. You will see an assignment entitled “Summer assignment Packet”. Good luck and see you all in September.

Theoretical Perspectives/ Approaches: A *perspective* is a school of thought or a way of describing/ viewing some phenomenon such as mental illness or behavior. Many topics in psychology can be viewed in a variety of ways. For example, if a psychologist is studying aggression - one psychologist, like *Charles Darwin*, may put an emphasis on the *biological perspective* and would investigate how the brain and the nervous system impact aggressive behavior. However, another psychologist, like *John Watson*, may put an emphasis on the *behavioral perspective* and would investigate how variables in the environment impact aggressive behavior. Lastly, another psychologist, like *Carl Rogers*, may put an emphasis on the *humanistic perspective* and would investigate how aggressive behavior is a choice with acceptable consequences. Each psychologist may come to their own conclusions on aggression & have differing explanations for aggressive behavior without being wrong. It all depends on the perspective/ approach you are looking at the situation from. With this in mind....

Complete the following assignments:

- Read Chapter One in the electronic textbook: The Evolution of Psychology p. 1-35
 - Textbook: <https://app.onsourcesystems.com/school/webpage/14186886>
- Complete the attached reading guides for Chapter 1
- Watch Crash Course Psychology Episode 1. Complete the crash course worksheet attached. <https://www.youtube.com/watch?v=vo4pMVb0R6M>
- Create flash cards (using Flippity: <https://flippity.net/Flashcards.htm>) for Unit 1 - list of the key terms can be found on p.34:
 - Side 1 of flash card: Vocab term
 - Side 2 of flash card: Definition **AND** an example, diagram, picture, or mnemonic device to help remember the term
- There will be a test on all of Chapter 1 information on the **SECOND DAY OF SCHOOL - September 9, 2020.**
- Scientific Journal Analysis: Choose one of the scientific journals provided and complete the guided reading questions provided.
- All about Me Essay: write a minimum two page, Times New Roman, 12 font, double spaced, paper responding to the following questions:
 - Why are you taking AP Psychology?
 - What are you looking forward to the most in this course?
 - What do you already know about the field of psychology?
 - What are your educational strengths?

- What are your educational weaknesses?
- Is there anything about you that I should know as your teacher? (This will allow me to ensure that this class is as inclusive, safe, and as encouraging of a place that will set you up for success)
- This entire packet and your flash cards should be submitted on OnCourse by **September 8th**. All of your work (Chapter One Outline, Crash Course Video Questions, Scientific Journal Analysis, and All About Me Essay) should be written in this document. Your flashcards will be submitted separately.

Chapter 1 Reading Guide

In order to be successful in this course and future college courses, reading the textbook is a key to your success. AP Psychology **requires** reading and studying outside of class. Do not simply skim the readings looking for the bolded or italicized vocabulary; make sure you read actively and take time to understand what you are reading. If you are willing to put in the necessary effort, you **WILL** succeed in this class.

Directions: Read chapter 1 in your electronic textbook. The following reading guide must be written in your **own words**. Each question should be in complete sentences. If you can provide examples to support your answer - do so. This will help you when you look back at your assignment when reviewing for the AP test - the more effort you put in now, the less effort you will have to put forward when reviewing.

Chapter 1: The Evolution of Psychology p. 1-26

1. Identify and explain the significance of the following in the development of psychology.
 - A. **Wilhelm Wundt:**

- B. **G. Stanley Hall:**

- C. **Edward Titchener:**

D. Structuralism:

E. William James:

F. Functionalism:

G. Mary Whiton Calkins:

H. Margaret Floy Washburn:

I. Leta Stetter Hollingworth:

J. Sigmund Freud:

K. Psychoanalysis:

L. John B. Watson:

M. Behaviorism:

N. B.F. Skinner:

O. Humanism:

P. Carl Rogers:

Q. Abraham Maslow:

2. Contemporary Theoretical Perspectives in Psychology:

Perspective/ Time Period	Principal Contributors	Subject Matter	Basic Premise
Behavioral			
Psychoanalytic			
Humanistic			

Cognitive			
Biological			
Evolutionary			
Social-cultural			

3. Major Research Areas in Contemporary Psychology:

Area	Focus of Research
Developmental Psychology	

Social Psychology	
Experimental Psychology	
Physiological Psychology	
Cognitive Psychology	
Personality	

Psychometrics	
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4. Professions in Psychology

Specialty	What areas of life are they trying to improve? What do they specialize in?	How do they accomplish this?
Clinical Psychology		
Counseling		
Educational and school psychology (Mrs. Bates :D)		

Industrial and Organizational Psychology		
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5. Seven Themes of Psychology: Summarize and explain the importance of each theme related to psychology. This should be written in your own words.

- **Theme 1: Psychology is Empirical:**

- **Theme 2: Psychology is Theoretically Diverse:**

- **Theme 3: Psychology Evolves in a Sociohistorical Context:**

- **Theme 4: Behavior is determined by Multiple Causes:**

- **Theme 5: Behavior is shaped by Cultural Heritage:**

- **Theme 6: Heredity and Environment Jointly Influence Behavior:**

- **Theme 7: People's Experience of the World is Highly Subjective:**

Introduction to Psychology - Crash Course Psychology #1

1. The word "Psychology" comes from the Latin for the study of the

2. Psychology is the science of _____ and
_____ process
3. What are the "big questions" of psychology?
4. Who was one of the most tremendously influential and controversial thinkers of his time, maybe of all time?
5. They tried to understand the structures of consciousness by getting patients to look inward, asking them how they felt when watching the sunset, or smelled a coffee, or licked a kitten, or whatever. Titchner named this approach

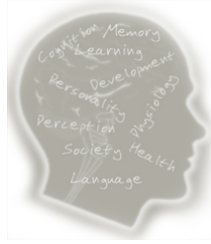
6. William James, proposed a different set of questions, focusing on why we think and feel and smell and lick, or whatever. Basically, he focused on the function of behavior. This approach, _____
7. James published his seminal book, *The Principles of Psychology*, in 1890, defining psychology as _____
8. A radical kernel of psychoanalysis was the theory that our personalities are shaped by unconscious _____
9. By the late 1930's, the Nazis had taken over Austria, and Freud and his Jewish family narrowly escaped to _____
10. The world of psychology, how it applied to our lives, our _____, and our hearts, and how it deepens our understanding of each other, our world, and _____.

Scientific Journal Analysis

Choose one study from the list provided and complete the following organizer. The point of this page is to not only let me know that you have, in fact, done the reading, but also to act as a brief review for you to study from. Each answer should be no more than 4 sentences– you really want to try to keep your responses as brief and straight to the answer. Select only the most important information to include.

Pick ONE of the following studies to read:

- [Enhancing Memory Through Video Lectures](#)
- [Sex Differences in Sports](#)
- [Combat Related PTSD](#)
- [Effects of Stress on Memory](#)



Title of Study: _____

Name of Psychologist in Charge of the Study: _____

1. Background information (found in the introduction to the chapter and at the beginning of the study):
2. Methodology (experiment, case study, survey, etc. What procedures were used?):
3. Results (what did the researcher find?):
4. Discussion (what do these results mean?):
5. Critique (strengths and weaknesses of study):
6. Relevance/Recent Applications:
7. Ethical issues (discuss any issues that might have been involved or that were avoided):
8. Relevant cross-cultural differences/issues (were cross-cultural issues or differences addressed?):
9. Personal Discussion/Connection (write about your questions, anything interesting you learned, issues the reading make you think of, such as connections with your life, current events, etc.) (This answer can be longer than 4 sentences)

All About Me Essay

Write a minimum two page, Times New Roman, 12 font, double spaced, paper responding to the questions listed on the instructions page.