

### **Impact Test Administration Instructions**

**To ensure a valid test, please follow these instructions. It is very important that you are able to fully concentrate during the entire test. Poor performance will result in an invalid test and will require a re-take!**

- ▶ Set aside 30 minutes in a quiet room with no distractions to take the test.
- ▶ No headphones or cell phone use during the test.
- ▶ Turn off any televisions, radio or anything else that can produce background noise.
- ▶ Tell siblings and family members about the importance of the test to avoid interruptions or distractions.
- ▶ Note the test will begin by asking you background questions called the “demographic” section.
- ▶ There are 6 test sections called “modules.” These include word memory, design memory, Xs and Os, symbol match, color word match and three letters.
- ▶ Take your time to read each section’s instructions very carefully. Each module is self explanatory.
- ▶ It is common to perform the color word match module incorrectly, please read that section’s instructions thoroughly.
- ▶ Other than the initial demographic section, do not ask anyone to help you with your performance during the test, such as assistance with memory questions, etc. Do not write anything down during the test to aid memory.
- ▶ You must use a standard external mouse. You may not use a finger mouse pad (ie: laptop mouse), a Track Mouse, or anything other than a standard mouse.
- ▶ Minimum computer requirements:
  1. Make sure you are using Internet Explorer 6.0 and above, or Firefox 1.5 or above, and Safari for the MAC running OSX 10.2 and above.
  2. You must have Macromedia FLASH PLAYER 8.0 or newer installed. You can download FLASH PLAYER at [www.adobe.com](http://www.adobe.com)
  3. If you have a pop up blocker installed you must turn it off for the duration of the test.
  4. Close all other programs on your computer before taking the test.
  5. You need a broadband internet connection
- ▶ To take the baseline test, go to: [www.impacttestonline.com/schools](http://www.impacttestonline.com/schools)
- ▶ Select NJ and then click on “Launch Baseline Test.”
- ▶ Enter Customer Id code E03E8D0ADC
- ▶ Make certain to select Jonathan Dayton High School when asked for “school/organization” in the demographic section.
- ▶ Your test results are not displayed once you are finished (all results are password protected). See Mr. Jacobs or Mr. Spangler if you are interested in your baseline score.
- ▶ Please note our test contract with Impact does not allow for unlimited baseline tests. Please do not allow others to take an additional test.
- ▶ Thank you for participating in our Impact Concussion Management Program.